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Office of Special Nutritionals
HFS-450
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW
Washington DC 20204

Statement of Nutritional Support – GINSENG EXTRACT, SIBERIAN

Pursuant to 21 CFR Part 101.93, American Specialty Health and Wellness (ASHW) files the following Statement of Nutritional Support for the Dietary Supplement marketed as GINSENG EXTRACT, SIBERIAN

1) Name and Address of Distributor: ASHW 8989 Rio San Diego Drive, Suite 250, San Diego, CA 92108.

2) Text of Nutritional Support Statement being made:
"Ginseng is used to support the immune system, increase blood circulation and relieve the effects of stress and fatigue. In Eastern medicine, it is often used as a general tonic to increase energy."

3) Name of dietary ingredient: See attached product label.

4) Brand Name: GINSENG EXTRACT, SIBERIAN

5) Substantiation information on file at the company office. The corporate officer who can certify same is Dr. Doug Metz, Sr. Vice President.

Yours truly,

A handwritten signature in dark ink, appearing to read "Doug Metz", is written over a horizontal line.

Dr. Doug Metz
Sr. Vice President

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LET 4460



Directions For Use: Take 1 capsule twice daily with water at mealtime.

Storage: Keep tightly closed in a cool, dry place.

Caution/Warning: As with any supplement, herb or medication, do not use it while pregnant or lactating, or provide it to a child without consulting a physician. If you have elevated blood pressure or hypertension, do not use this product without first consulting your physician.

Note: This product is regulated by the FDA as a dietary supplement. If you have any questions about how you feel while taking this supplement, contact your physician. If you are taking any medication, have any disease or illness, consult your physician before taking this product. Do not stop or change prescribed medication without the permission or prescription of your physician.

DISTRIBUTED BY AMERICAN SPECIALTY™ HEALTH & WELLNESS,
PO BOX 509040, SAN DIEGO, CA 92150-9040

www.buyhealthy.com

1999 R/O

Item # 40145

GINSENG EXTRACT SIBERIAN

DIETARY SUPPLEMENT



60 CAPSULES

Premium Products for Your Health & Wellness

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

	Amount Per Serving	%Daily Value
Siberian ginseng, dried extract (Eleutherococcus senticosus root, 0.3% Eleutheroside B and 0.5% Eleutheroside E)	250 mg.	*
Siberian Ginseng (Eleutherococcus senticosus root)	235 mg.	*

*Daily Value not established.

Other Ingredients: Gelatin, Magnesium stearate.

Double safety sealed with a printed outer shrink-wrap film and a printed inner bottle freshness seal. Do not use if either seal is broken or missing.